



EpiWatch Named Finalist in the 2026 Digital Health & AI Awards

Recognition highlights EpiWatch's innovative approach to tonic clonic seizure detection and its mission to improve safety and independence for people living with epilepsy.

Baltimore MD, October 19, 2026 – EpiWatch, a digital health company pioneering FDA-cleared seizure detection and alerting technology on the Apple Watch, today announced that it has been named a **Finalist in the 2026 Digital Health & AI Awards** in the Rising Star Category for Mental, Behavioral and Brain Health.

The Digital Health & AI Awards recognize companies and innovations helping shape the future of healthcare. The annual competition brings together innovators from across digital health, artificial intelligence, and healthcare technology, with companies evaluated by leaders spanning healthcare, investment, technology, clinical care, and other areas of the health ecosystem.

EpiWatch was recognized for its innovative approach to making clinically validated seizure detection technology more accessible through the Apple Watch platform. The FDA-cleared (ages 5+) EpiWatch app uses advanced algorithms to detect generalized tonic-clonic seizures and automatically alert designated caregivers and emergency contacts, providing an added layer of safety while supporting greater independence for individuals living with epilepsy.

“People living with epilepsy and their families face a complex balance between seizure safety and independence,” said Teresa Prego, CEO of EpiWatch. “Our mission is to help bridge that gap by building reliable seizure detection technology accessible through a device people already use in their daily lives. Being named a finalist for the Digital Health & AI Awards is meaningful recognition of our commitment to improving the lives of people impacted by epilepsy.”

The recognition comes as EpiWatch continues to expand commercial adoption of its technology and advance opportunities to integrate seizure detection data into clinical care and digital health solutions.

About EpiWatch

EpiWatch is a digital health company dedicated to improving the safety, independence, and quality of life of people living with epilepsy. Spun out of Johns Hopkins University, EpiWatch brings FDA-cleared seizure detection and alerting technology to the Apple Watch, enabling automated alerts to caregivers and emergency contacts when a generalized tonic-clonic seizure is detected. By combining clinically validated technology with the convenience of a widely used consumer wearable, EpiWatch seeks to make seizure monitoring more accessible to individuals and families.