

Letter of Medical Necessity

Here's a sample **Letter of Medical Necessity** for the **EpiWatch seizure detection app on Apple Watch**. You can customize this with specific patient and provider details:

[Physician's Letterhead]

[Physician's Name, MD]

[Clinic/Hospital Name]

[Address]

[City, State, ZIP Code]

[Phone Number]

[Email Address]

Date: [Insert Date]

To Whom It May Concern:

Re: Letter of Medical Necessity for EpiWatch Seizure Detection App and Apple Watch

Patient Name: [Patient's Full Name]

Date of Birth: [DOB]

Insurance ID #: [Insurance ID]

Dear Sir/Madam,

I am writing on behalf of my patient, [Patient's Name], to formally document the medical necessity for the **EpiWatch seizure detection app** in conjunction with the **Apple Watch** as part of their epilepsy management plan.

[Patient's Name] has been diagnosed with **[specific seizure type or epilepsy syndrome]**, as defined by ICD-10 code **[Insert ICD-10 code]**. Despite current treatment, they continue to experience unpredictable seizures that pose serious safety risks and significantly impair their quality of life.

The **EpiWatch app**, developed in partnership with Johns Hopkins University, is a clinically-researched digital health tool designed to track, detect, and monitor seizure activity using the Apple Watch's sensors and machine learning capabilities. The app provides the following essential functions:

- **Real-time seizure detection and alerts**, allowing for prompt caregiver or emergency response.
- **Automatic recording of seizure duration and physical activity**, which is essential for accurate diagnosis and treatment adjustments.

- **Patient-reported outcomes and medication adherence tracking**, enabling more personalized and data-driven care.
- **Integration with HealthKit and medical records**, which facilitates seamless sharing of seizure data between patient and provider.

The Apple Watch is not a luxury item in this context, but rather a medically necessary tool that enables the functionality of the EpiWatch app. This technology combination significantly enhances patient safety, supports improved treatment outcomes, and reduces the need for emergency interventions.

In conclusion, I strongly recommend coverage for the EpiWatch seizure detection app and the compatible Apple Watch as medically necessary durable medical equipment. These tools are critical in helping manage [Patient's Name]'s epilepsy, ensure timely medical response, and ultimately improve their health and independence.

Please feel free to contact me for any additional information or supporting medical documentation.

Sincerely,

[Physician's Full Name, Credentials]

[Medical License Number]

[Signature]

Here's a **pediatric-specific** version of the **Letter of Medical Necessity** for the **EpiWatch seizure detection app on Apple Watch**:

[Physician's Letterhead]

[Physician's Name, MD]

[Pediatric Neurology Department or Clinic Name]

[Address]

[City, State, ZIP Code]

[Phone Number]

[Email Address]

Date: [Insert Date]

To Whom It May Concern:

Re: Letter of Medical Necessity for EpiWatch Seizure Detection App and Apple Watch

Patient Name: [Patient's Full Name]

Date of Birth: [DOB]

Insurance ID #: [Insurance ID]

Dear Medical Review Team,

I am writing on behalf of my pediatric patient, [Patient's Full Name], to request coverage and support for the use of the **EpiWatch seizure detection app**, in conjunction with the **Apple Watch**, as part of their comprehensive epilepsy management.

[Patient's Name] is a [age]-year-old child under my care who has been diagnosed with **[type of epilepsy or seizure disorder]**, ICD-10 Code: **[Insert code, e.g., G40.309 – Generalized idiopathic epilepsy, not intractable, without status epilepticus]**. They experience recurrent, unpredictable seizures, which place them at significant risk of injury and adversely affect their physical safety, emotional wellbeing, and family dynamics.

Due to the unpredictable nature of [his/her/their] seizures, remote seizure monitoring is critical. The **EpiWatch app**, developed in collaboration with Johns Hopkins University, enables seizure tracking through real-time physiological data captured by the Apple Watch. For pediatric patients like [Patient's Name], this technology provides:

- **Immediate seizure detection and caregiver alert notifications**, which is essential for ensuring the child's safety at school, home, or during sleep.
- **Objective seizure data collection** that supplements the parent's or teacher's observations and aids in clinical decision-making.
- **Medication adherence support and seizure log maintenance**, especially beneficial when children are too young to accurately self-report symptoms.

- **Data integration for follow-up care**, allowing care teams to analyze patterns and optimize treatment in a data-driven way.

The Apple Watch is not being requested for its consumer functions, but solely as the required hardware to run the EpiWatch app, which operates as a clinical tool. Its use will substantially improve the ability to manage and respond to [Patient's Name]'s seizures, reduce emergency department visits, and support safer independent activity when age-appropriate.

In light of these factors, I strongly recommend approval for coverage of the EpiWatch app and Apple Watch as medically necessary durable medical equipment for the treatment and monitoring of [Patient's Name]'s epilepsy.

Please contact me if further documentation or clarification is needed.

Sincerely,

[Physician's Full Name, Credentials]

[Pediatric Neurologist or Specialty]

[Medical License Number]

[Signature]